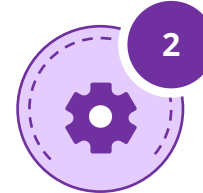


# Preventive migraine treatment aims to reduce the frequency, severity, and duration of attacks

## Summary of goals for preventive migraine treatment from the **2021 AHS Consensus Statement**:



Reduce attack frequency, severity, duration, and disability



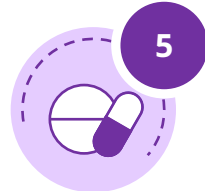
Improve function and reduce disability



Improve responsiveness to and avoid escalation in use of acute treatment



Improve health-related quality of life



Reduce reliance on unwanted, poorly tolerated, or ineffective acute treatments



Optimize self-care and enhance sense of personal control



Reduce psychological symptoms and headache-related distress



Reduce overall treatment costs